



OCEAN CREST SPA FACT SHEET

- Address:** **Ocean Crest Spa**
1 Ponto Road
Carlsbad, CA 92011
- Phone:** 760-683-0800
- Website:** www.oceancrestspa.com
- Spa Director:** **Jeannette Handson**
Jeannette Handson has spent more than 20 years in the spa industry and is one of the San Diego's leading industry champions of products and providers who follow ethical and environmentally safe practices. A licensed cosmetologist, Handson is passionate about the importance of skin care as a means to prevent and correct damage caused by the environment. Born in Ecuador and having lived in the United States, the United Kingdom and Brazil, she draws on her world perspective to offer Ocean Crest Spa guests the best in relaxation, rejuvenation and restoration.
- Architect:** Joseph Wong Design
- Interior Designer:** Raad Ghanthous
- Concept:** The masterfully-designed Ocean Crest Spa is inspired by the Pacific Ocean and the healing powers of the sea. Ocean elements such as energy, serenity, calmness and beauty are at the core of the spa's interior design, featuring the generous use of teak, bronze, stone, amber and glass, and generating an instinctive aquatic connection. The gentle warm and private environment of Ocean Crest Spa allows guests to completely surrender to deep and restorative relaxation – making it a perfect retreat for resort guests as well as local community members. Because of its intimate size, Ocean Crest Spa offers highly caring and personalized service – a rarity for the area, complemented by extensive training of its top-caliber staff.
- Ranking:** Ranked in the top five new US resorts by Travel + Escape Magazine in 2013

Spa Facilities:

- 5,600 square-foot spa, located on hotel lobby level
- Seven treatment rooms
- Couple's room with tub and private outdoor relaxation area
- Two steam rooms
- Indoor and outdoor relaxation areas with comfortable seating and beautiful landscaping
- Full array of massages, facials and body treatments as well as manicure and pedicures, all using organic, natural, and pure products, many from the sea

Treatment and Services:

- Body Therapies
- Couple's Selections
- Correcting and Rejuvenating Facials
- Organic Facials
- Ocean Journey -- Signature Body Rituals
- Massages
- Nail Services
- Waxing Services

Signature Spa Experiences:

Soft Sea - A Relaxing Journey:

Calming waters encourage relaxation as your body lies in a healing white algae cocoon. An ocean body scrub, followed by a cleansing white algae body wrap with nourishing, calcium-rich sea algae, helps to release water retention, soften sun-damaged skin and enhance one's outer glow. Rebalance with a massage, which helps heal and soothe tired muscles. Calm the body and clear the mind, as a sense of peace washes over you.

Motion in the Ocean - A Reenergizing Journey:

This journey uses healing gestures and ingredients, which are chosen for their ability to recharge and revitalize. By taking advantage of the sea and its nutrients, the results are-mineralized body, refreshed and softened skin, and a new vitality. A stimulating full-body Undaria algae body scrub removes dry skin and revs up the circulation, and then a bio-active Undaria algae body mask tones and firms the skin, while our black hair mud works its own magic. Mind and body both benefit from this healthy transformation.

Deep Sea - A Reflecting Journey:

The sea is a place which evokes fulfillment, serenity and mystery. We draw our inspiration from its ancestral wisdom, its art of living and the wealth of its plant-life. The voluntarily slow movements of this journey are an invitation to savor some rare and precious sea-like moments, as harmony is the key to this program. Deep Sea Purification's oceanic elements condition skin to leave it looking as fresh, vibrant and polished as a natural pearl. A purifying organic bio-scrub blend of seaweed, pumice, acai and guarana polishes skin and purifies pores, while

providing a protective barrier of moisture on the skin. Next a full-body warm sea algae oil massage helps to promote lymphatic flow and purification.

Endless Wave - A Soothing Escape:

Ride the wave of ultimate relaxation. An organic custom blend of essential oils (UAO) is applied to the spine and other key areas to calm and center you. Next, sun-kissed skin is nourished with a hydrating full-body cooling wrap. Mineral rich organic algae, luscious aloe vera gel, green tea extracts, and other antioxidants will reduce redness and irritation while cooling and soothing environmentally-damaged skin. Drift away during a fresh algae gel scalp conditioning massage, while a soothing algae compress hydrates your face. Complete the experience with a mineralizing sea algae oil massage.

Spa Products:

Rare, eco-friendly brands are consistently featured, including California’s Tasha & Co. Organics; 100%-vegan sea products leader Osea Malibu and Dr. Mostafa M. Omar Professor of Pharmacognosy at the University of Rhode Island, School of Pharmacy and the founder of the PhytoCeuticals skincare line. Dr. Omar’s unprecedented formulation capabilities have earned him the title of “Father of L-Ascorbic Acid” as he is the inventor of a stable Vitamin C formula to protect the skin from signs of premature aging caused by environmental damage, particularly sun exposure.

Fitness Center:

Located in the same wing of the resort, the 24/7 ocean-view Fitness Center offers an aerobic area, free weights and state-of-the-art cardio equipment.

Fitness Classes:

Weekly Yoga Classes

Hours of Operation:

Mondays	9:00 am to 5:00 pm
Tuesday through Sunday	9:00 am to 7:00 pm

Parking:

Complimentary Self Parking
Complimentary Valet Parking

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